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The Ranch Lot Studios

Furniture User Guide

tangraminteriors.com





Welcome!

Get To Know Your New Workstation

01/ Product User Guide

02/ Ergonomic Adjustments

Operating Your Migration SE Height Adjustable Desk

with Simple Touch



OPERATING THE CONTROLLER

The desk adjusts via the simple touch controller.

- Lift up or press down on the controller to reach the desired desk height.
- The desk will continue to move up or down until the controller is released or the minimum or maximum height is reached.

Note: The user must continuously lift up or press down the controller in order for the desk to move.



NEED HELP?

[TROUBLESHOOT](#) →



Operating Your Slim Height Adjustable Desk

with Simple Touch



OPERATING THE CONTROLLER

The desk adjusts via the simple touch controller.

- Lift up or press down on the controller to reach the desired desk height.
- The desk will continue to move up or down until the controller is released or the minimum or maximum height is reached.

Note: The user must continuously lift up or press down the controller in order for the desk to move.



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Operating Your air3 by Orangebox



USER CONTROL MODULE

Every Air3 pod comes fitted with a control module as standard. This is always situated on the vertical hoop and allows users to manually manage the lighting, ventilation and roof settings within the pod.

Upon entering the pod, a PIR (passive infrared) sensor in the roof will automatically activate the default settings for the lighting and ventilation and close the roof.

The functions on the pod's control module are split into 3 distinct areas:

1. Lighting Scene Levels (3 buttons) in the upper top section.
2. Ventilation / Air Flow Rate (2 buttons) in the lower top section.
3. Opening Roof Control (3 buttons) in the lower section.

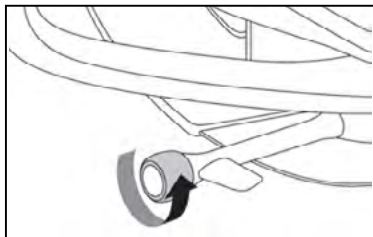


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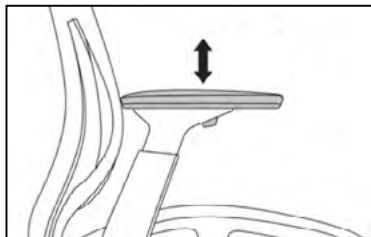
Operating Your Karman Task Chair



Back Tension & Back Angle

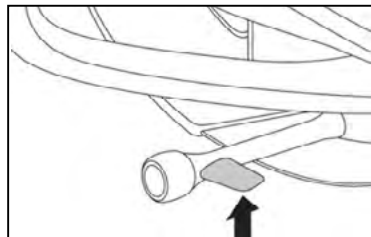
Turn the comfort dial to one of the four comfort settings:

- Upright back lock
- Mid-stop recline
- Full recline with weight activated tension + 20% boost
- Full recline with weight-activated tension



Height Adjustable Arms

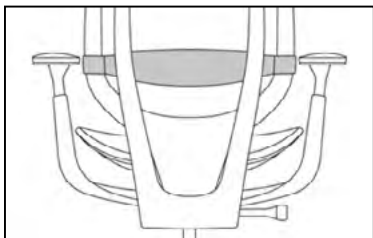
Lift button under arm caps to adjust height.



Seat Height

To raise the chair, lift your body weight and pull lever up.

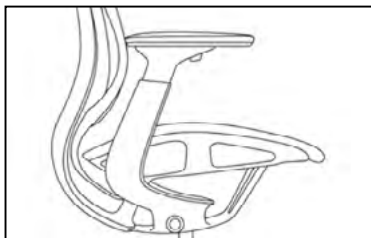
To lower the chair, stay seated and pull lever up.



Lumbar*

For additional back support, grab both sides of the Lumbar and slide up or down.

Position the lumbar to fit comfortably into the curve of your lower back.



Organic Movement A weight activated mechanism responds automatically to your body as you sit and change postures in every direction.

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for more information

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Ergonomic Guidance

Tips to Work Comfortably

1. Neck is straight and head is balanced evenly
2. Shoulders are completely relaxed so arms hang naturally, close to body
3. Back has full contact with the backrest (sit all the way back in your chair)
4. Elbows and forearms can rest comfortably on the arms of your chair, without bearing weight
5. Lower back fits into curved lumbar support
6. Tension is adjusted so backrest reclines easily, yet provides smooth, even support, and encourages postural change
7. Top of monitor is at eye level or slightly lower and directly in front of you so your head is not turned
8. Monitor should be 20" to 30" from the eyes or approximately an arm's length away
9. Forearms should be parallel to the floor
10. Wrists should be straight when keying or mousing, not bent up or down
11. Thighs are parallel to the floor
12. Neutral spine position, avoid slouching or overextension
13. Avoid locking knees to help maintain good posture
14. Feet are flat on the floor or on a footrest or foot pad.

WHEN SEATING



WHEN STANDING



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