



tangram™

McMASTER-CARR®

Welcome Guide

tangraminteriors.com





Welcome!

Discover Your New Workspace!

01/ Floor Plan

02/ Get to Know Your Workstation

03/ Product User Guide

04/ Ergonomic Adjustments

Floor Plan



Workstations



Private Office



Cafe



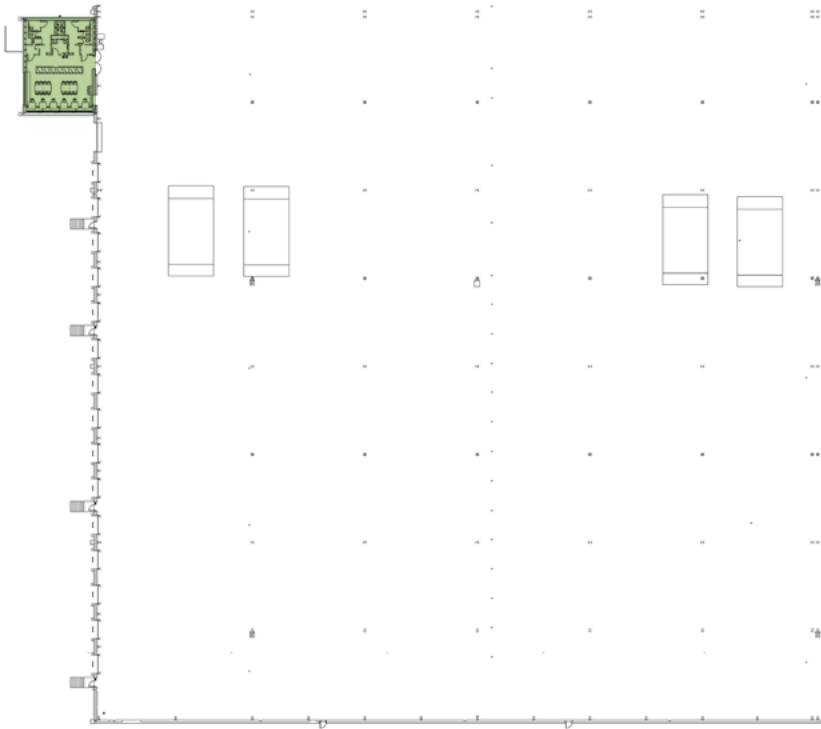
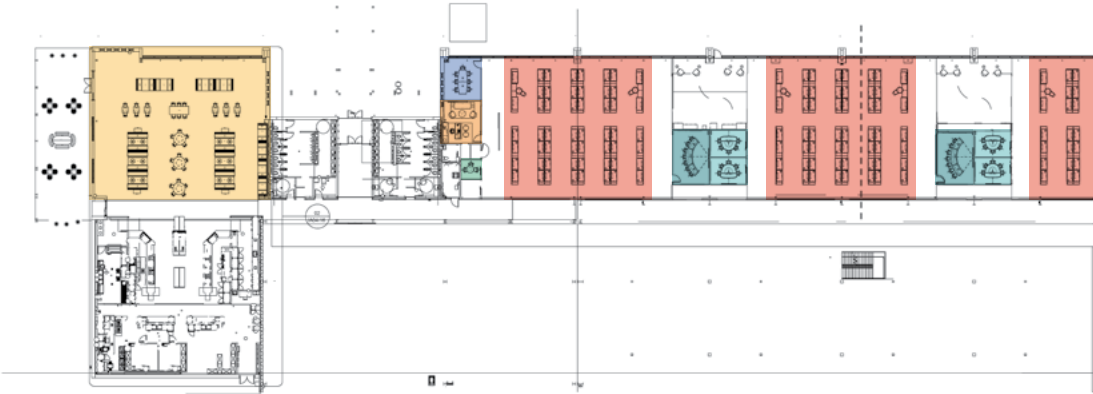
Warehouse Cafe



Flex Room



Huddle Room



Informal
Conference
Room

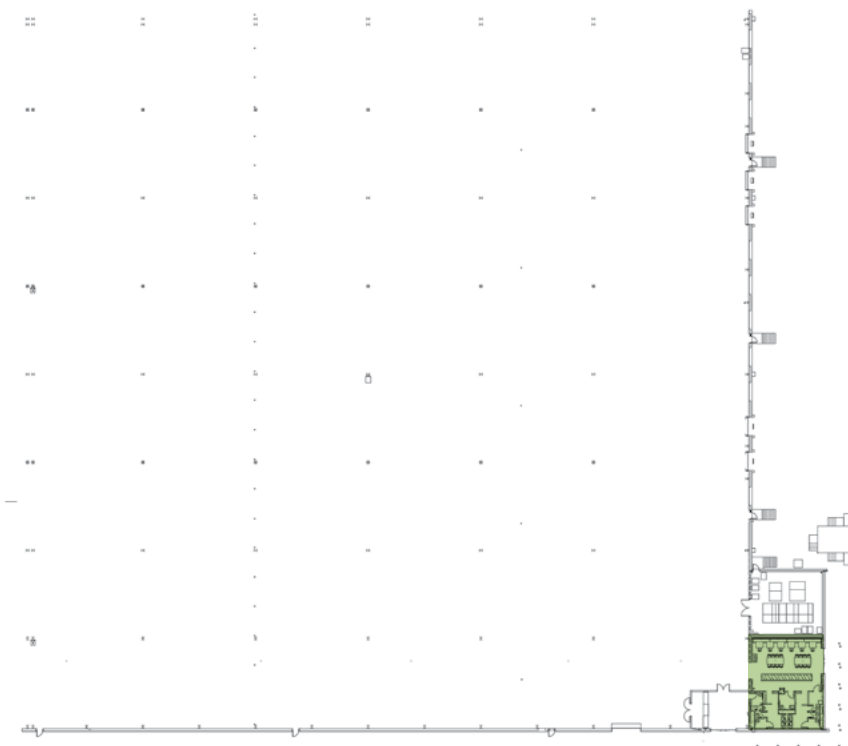
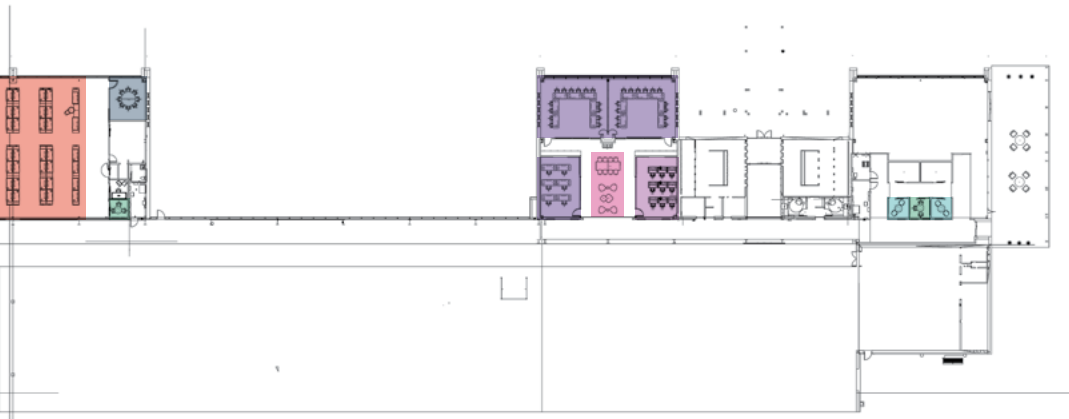
Medium
Conference
Room A

Medium
Conference
Room B

Large
Conference
Room

Learning
Room

MCT Jump
Room/Touchdown/
Print Copy



Workstations

Defined Space. Better Focus.

The surface attached fabric privacy screen adds subtle privacy while creating a dedicated space for notes, ideas, and everyday organization — helping keep work visible without adding clutter.

Power Where You Need It

Integrated desktop power includes USB-A, USB-C, and standard outlets — keeping your devices charged without crawling under the desk.



Storage That Adapts to You

The flexible storage tower features a hinged door cabinet, dual coat hooks, and an upper recessed shelf — giving you space for everything from bags to binders to jackets.

Work Your Way

The height-adjustable table lets you move from sitting to standing in seconds — so you can find your perfect ergonomic sweet spot.

Director & Senior Manager Workstations

Defined Space. Better Focus.

The surface attached fabric privacy screen adds subtle privacy while creating a dedicated space for notes, ideas, and everyday organization — helping keep work visible without adding clutter.

Collaboration Starts Here

The round meeting table and lounge seating create a comfortable space for quick conversations, team huddles, and everyday collaboration — blending functionality, flexibility, and relaxed comfort throughout the day.

Power Where You Need It

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Storage That Adapts to You

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Work Your Way

The height-adjustable table lets you move from sitting to standing in seconds — so you can find your perfect ergonomic sweet spot.

Operating Your Activ Pro Height Adjustable Desk



Programming Memory Presets

1. Press the up or down arrow to set the worksurface to the desired height.
2. Press "M" button followed by one of the preset number buttons (1, 2 or 3) on the LED screen.
3. The table will automatically reset to this height whenever the preset number is pressed and held* until the preset height is reached.

Note: Extended height range which is 22.6" - 48.7"

Note: As a safety feature, the user must continuously hold down the button in order for the desk to move.



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[TROUBLESHOOT](#) →

Ergonomic Guidance

Tips to Work Comfortably

1. Neck is straight and head is balanced evenly
2. Shoulders are completely relaxed so arms hang naturally, close to body
3. Back has full contact with the backrest (sit all the way back in your chair)
4. Elbows and forearms can rest comfortably on the arms of your chair, without bearing weight
5. Lower back fits into curved lumbar support
6. Tension is adjusted so backrest reclines easily, yet provides smooth, even support, and encourages postural change
7. Top of monitor is at eye level or slightly lower and directly in front of you so your head is not turned
8. Monitor should be 20" to 30" from the eyes or approximately an arm's length away
9. Forearms should be parallel to the floor
10. Wrists should be straight when keying or mousing, not bent up or down
11. Thighs are parallel to the floor
12. Neutral spine position, avoid slouching or overextension
13. Avoid locking knees to help maintain good posture
14. Feet are flat on the floor or on a footrest or foot pad.

WHEN SEATING



WHEN STANDING



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McMASTER-CARR®

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